

The Weekly Comet Update

From Tom Meyer, Superintendent of the Bellevue Community School District

Believe In The Blue! Believe In Learning! Believe In Bellevue!

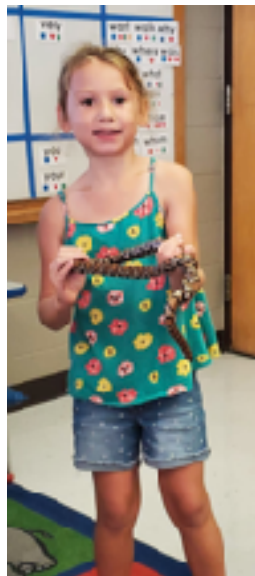
Upcoming Events, Early Dismissals, and "No School" Days

- September 14 - 2-Hour Early Dismissal for Teacher Professional Learning
- September 30 - Homecoming Friday Pep Rally, Parade, and Football Game
- October 12 & 13 - 2-Hour Early Dismissal; Parent-Teacher Conferences from 3:30-8:00
- October 14 - No School
- October 31 - No School for Students; Teacher Professional Learning
- November 9 - 2-Hour Early Dismissal for Teacher Professional Learning
- November 23-27 - No School - Thanksgiving Break
- December 22-January 4 -Winter Break



Learning in Many Ways

Students learn in many ways, and one of these is through the valuable interactions with community members. A regular visitor to both buildings in the district is Maury Anderson, who recently visited a variety of classrooms. One of these learning interactions addressed snakes, frogs, turtles, and more "creatures" that he brought into the classrooms of our students.



Food Allergies

A friendly reminder to please be aware of the following information on the back side in regard to sending food to school for lunch or other times and the impact on some students with food allergies. This is an important safeguard for our students and community, and it relies on all of us to be successful.

FOOD ALLERGY AWARENESS

BELLEVUE COMMUNITY SCHOOL DISTRICT



Food Allergy Basics

If a child has a food allergy it means they have an abnormal immune response to a food protein. This abnormal immune response can show up as:

- Itchy nose, sneezing, itchy mouth
- A few hives
- Mild stomach nausea or discomfort

Most of these reactions occur within minutes up to a few hours after an exposure.

Some people can have a SEVERE LIFE-THREATENING REACTION to the food protein called ANAPHYLAXIS. A nut allergy, in particular, PEANUTS, is usually the food protein that causes an anaphylactic reaction. This severe reaction can show up as:

- Hives/redness all over their body
- Vomiting/diarrhea
- Tight or hoarse throat
- Trouble breathing or swallowing
- Lip, tongue or throat swelling
- Shortness of breath, wheezing or coughing
- Dizziness or loss of consciousness

This requires the person to carry a life saving medicine called epinephrine with them at all times. Currently the school district has 6 students needing this epipen at school in case they have a reaction while at school.

STUDENTS

Keep your classmates safe while they are at school and make sure snacks, treats and cold lunches are nut free.

Try sunbutter instead of peanut butter!

Help your parents remember that the school is a nut aware school

If you accidentally bring some nut products into school, put it in your locker, wash your hands and take it home.

Bellevue Community School District is a Peanut Aware School

Bellevue Community School District is aware of the potentially life threatening allergic reaction, called anaphylaxis, children and adults who are allergic to nuts can face with even the smallest trace of peanut or other nut products. Anaphylaxis is preventable and our aim is to provide a safe learning environment for all people in our school community. With that in mind we have developed some guidelines for our district and I will highlight some of them for you.

- The concession stands are no longer selling any products that contain nuts.
- Any event sponsored by the school district (ex athletic banquets) or any organization utilizing the facilities (ex. athletic tournaments, craft fairs) will not be allowed to sell, serve or distribute any products with nuts.
- School food service is already nut-free and students that bring their own lunch to school must follow the same requirements of being nut-free
- Snacks brought into the school by students must be nut-free
- Snacks sold in vending machines must be nut-free



BELLEVUE COMETS
 ELEMENTARY + MIDDLE + HIGH SCHOOL
 BELIEVE IN THE BLUE