

School Wellness Policy Progress Report

School Year: 2021-2022

School Name: Bellevue Middle School/High School

Wellness Contact Name/E-mail: Kelley Humphrey-kelleyhumphrey@bellevue.k12.ia.us

This tool is to document progress in meeting the goals written in the district’s wellness policy at each school building. Document steps that have or will be taken to accomplish each goal. In the “Contact Person” column identify the individual who can report on the goals’ progress. The items that are completed at the district level should be pre-filled to inform all school staff of the implementation status of those goals. Add more lines for goals as needed.

Nutrition Education and Promotion Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. EXAMPLE: <i>Nutrition education is offered at each grade level as part of a sequential, comprehensive, standards-based program designed to provide students with the knowledge and skills necessary to promote and protect their health.</i>	Cindy Smith (Curriculum Director)	x			Nutrition education is part of the science curriculum in each grade level.	Explore additional lessons and activities that incorporate nutrition education into math, reading and social studies.
2. The foods and beverages sold and served outside of the school meal programs (i.e., “competitive” foods and beverages) will meet the USDA Smart Snacks in School nutrition standards, at a minimum.	Tom Meyer (Superintendent)		X		Staff are aware of this through meetings. The vending machine operation had been operating in that manner, but updates will be made to this to make sure we are following all guidelines.	Meeting with students who are running the machines and placing product in machine.
3.						

Physical Activity Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. All District secondary students (middle and high school) are required to take the equivalent of four academic years of physical education, with an exemption of one semester for a full academic class schedule.	Jeff Recker (Principal)	X			Schedule checks for all students.	Continue schedule checks for students.

Other School Based Activities Goals

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1. The District will promote to parents/caregivers, families, and the general community the benefits of and approaches for healthy eating and physical activity throughout the school year. Families will be informed and invited to participate in school-sponsored activities and will receive information about health promotion efforts.	Kelley Humphrey (Nurse) and Principals.		x		Information is sent home in regard to healthy eating and wellness.	Regular monthly or bi-monthly mailings to all parents and staff will be implemented. Also, post information on the website.
2.						

Standards and Nutrition Guidelines for All Foods and Beverages *Sold* to Students During the School Day (e.g. vending, school stores, etc.)

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1.						
2.						

Standards for All Foods and Beverages *Provided* (not sold) to Students During the School Day (e.g. class parties, foods given as reward, etc.

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1.						
2.						

Polices for Food and Beverage Marketing

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1.						
2.						

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